

Where else can I go for STI treatment?

You can take the PN slip to your nearest clinic to access treatment. At the clinic you will have to pay a user fee.

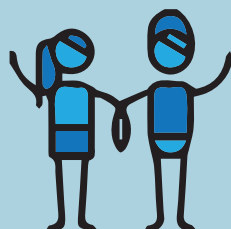
Is there anything else I need to know?

Condoms offer the best protection against STIs



Talk to your sex partner's about STIs. It is important that all your sex partners get treated to prevent re-infection

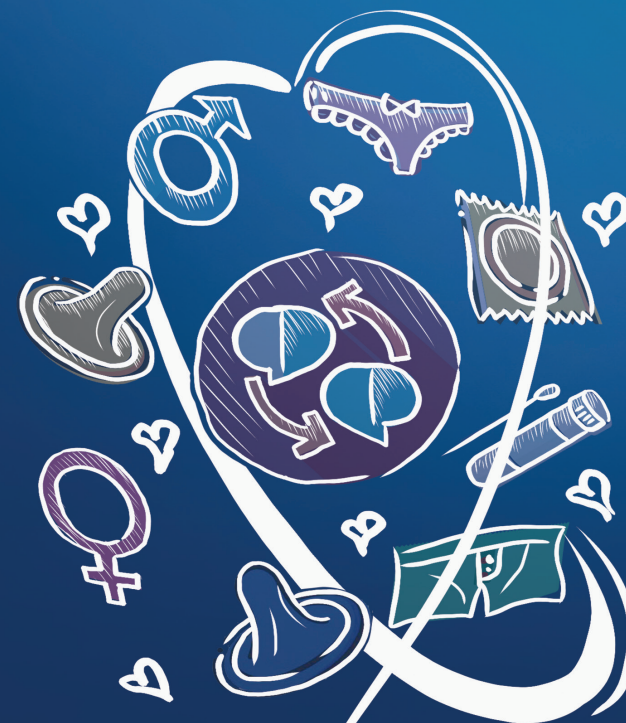
If you have an STI, it doesn't necessarily mean your current partner/s have cheated. You may have had it for a long time and not know who you got it from.



The main thing to remember is, **don't panic.**
STIs are common and most can be cured with the right medicine. Come to CHIEDZA or your nearest clinic to find out more.

UNDERSTANDING STIs

Prevention, treatment & everything in-between!

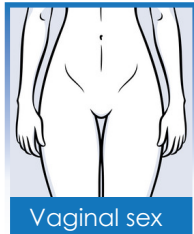


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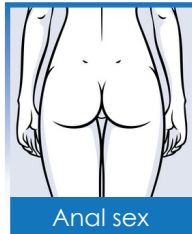


What are sexually transmitted infections (STIs)?

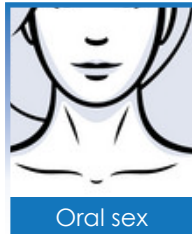
STIs are infections that can be passed from person to person during:



Vaginal sex



Anal sex

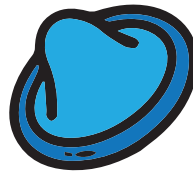


Oral sex

! STIs are very common

How can I reduce my risk of getting an STI?



Using condoms every time you have sex (vaginal, anal, and oral sex) and making sure you use them properly is the best way to protect yourself.



What are the most common STIs that affect young people?

Chlamydia	Gonorrhoea
Trichomoniasis	Herpes Simplex

What are the most common symptoms of STIs?

 WOMEN	 MEN
Abdominal pain	Discharge from penis
Discharge from vagina	Swollen or painful scrotum
Pain when urinating or during sex	Pain when urinating
Unusual bleeding patterns	Unusual sores, ulcers, rashes, or lumps around genitals, anus, groin, or thigh
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Some STIs have no obvious symptoms, so you or your partner/s could have an STI without knowing.



Sometimes symptoms go away, but the infection can stay in your body and cause damage.



If left untreated, STIs can have long term effects on your health and fertility.



If your partner has been treated for an STI, it is important that you get treated too to avoid re-infection.

How are STIs treated?

STIs are easily treated with antibiotics. You must get the right medicine from a doctor or nurse to cure the infection. It is important that you take all your medicine and do not share it with anyone else.



Where can I get STI treatment?

CHIEDZA

Anyone who has a PN slip can go to CHIEDZA for treatment.

Treatment is free!

Until April 2022 you can call **0716 318 734** to arrange for a nurse to assist you with treatment. There are a lot of reasons to come to CHIEDZA – you don't need to let people know that you are coming to be treated for an STI.



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These are the days and places you can go for treatment at CHIEDZA:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Pelandaba Hall	Nketa Hall	Tshabalala Hall	MMPZ Center, Nkulumane